

# Shift: Overcoming Discouragement

Lighthouse Church | April 5, 2020 | Geoffrey Turner

## **Story of Nehemiah**

Nehemiah 4:10-11

## **Nehemiah shows us how to deal with discouragement**

Nehemiah 4:14-15

Remember the Lord

Nehemiah encourages the people to remember who God has been for them and for their ancestors

The Israelites had a problem with their perspective

So much will change for us if we can get into the habit of remembering what the Lord has done and continues to do for us

Remembering the Lord has to become habitual

Discouragement is going to continue to arise because our world is broken, but the faithfulness of the Lord is something we can constantly look to as a way to battle against it

We can find something in the midst of stuff crumbling around us to remember the ways the Lord has been good .

Acts 17:25

Matthew 6:26

Psalms 68:5

2 Corinthians 12:9

While the circumstances and situations in our life might change the Lord doesn't

Hebrews 13:8

Sometimes the biggest thing that needs to change is our perspective

Nehemiah 4:19

## **Our God will fight for us**

Trusting God in the middle of the battle is the most important step to victory

Deut 20:1-4

Scripture says we serve a victorious God, who will fight our battles for us if...we trust him to fight our battles for us and we submit to him

Rush straight to the heart of the battle, and then trust the victorious God

Remember the faithfulness of the Lord

When we remember who God is, then we are able to persevere through discouragement

If we can get ourselves into the habit of remembering who the Lord is, and trusting that he is fighting FOR us and WITH us not AGAINST us, Then we can move past our discouragement, worry, anxiety, and fear, and begin to proclaim the HOPE, the POWER, and the GREATNESS of our God.