

**Series: *Breakthrough***  
**Sermon: Barriers to Breakthrough**  
**Text: John 5:1-9**

**TALK IT OVER**

### **Start Talking**

We all hate having to wait. Waiting at the DMV.... Waiting for a table at a restaurant.... Waiting on hold on the phone.... Waiting for a breakthrough to come can be difficult too. The man in our story had been waiting for his breakthrough for 38 years. Are there things you have had to wait on God for or perhaps are still waiting on God for?

### **Start Thinking**

What is one thing that stuck out to you from Daniel's message on Sunday?

#### **(v. 1-9)**

In what ways was this pool that was surrounded by all who were in need a picture of humanity in general?

In verse 6 it says that Jesus, '*Saw him lying there...*' Do you ever feel like God doesn't see your struggles or care about your pain? Have you ever felt like you were just another face in the crowd? I imagine that's how this guy felt. But Jesus saw him and inquired about him and moved towards him in love. Can you think of a time when you felt all alone but God comforted you or came to you. {See Psalm 56:8}

Jesus asked the man an interesting question—'Do you want to get well?' Why did Jesus ask this? Daniel pointed out that you can't bring about change in a person's life who doesn't really want change.

Do you agree that sometimes we can become the biggest barrier to breakthrough in our lives? How do we do that?

Talk about the importance of what Jesus said to this guy about believing, leaving and obeying. How do each one of these things play a role in the breakthroughs we want to see happen in our lives.

### **Start Praying**

Father, free us from the things that have held us. Help us to believe in your power and leave behind the past and obey you in all things. Amen.

### **Start Doing**

Is there an area in your life where you feel you may be blocking the work that God wants to do in your life? Identify it. Repent of it. And cry out to Jesus to change it.